



We still have our webinars running during the **summer holidays**! Our webinars feature a different topic each month and are totally **free** to join.

Upcoming in the **Scottish Kooth** webinar series we have:

July - Male Mental Health

[Male mental health for ALL Professions and Parents and Carers](#)

With special guests from Men Matter and ManOn! Inverclyde to chat about the amazing work they do to support men with their mental health.

August- Our Kindness and Empathy series

[Kindness and Empathy for Primary Schools](#)

[Understanding how to show kindness and listen empathically for Secondary Schools](#)

These webinars will feature age-appropriate ways to show kindness and listen with empathy in everyday life. These are running at the end of August when schools return, so are great for broadcasting straight into classes!

We also have our **National Kooth** webinar series, which are running topics on:

July:

[Parent/carer sessions on parenting pressures during the summer holidays](#)

[The role of Kooth in the care pathway for people with an eating disorder for healthcare professionals](#)

All you must do is **sign up** on the relevant registration form highlighted in blue and we will share a link the day before!

Don't worry if you can't make these times - just fill in the short form and we'll send you the recording for you to watch in your own time.

Thank you!